

 MEASURES PUT IN PLACE	SÉLECTION RETRAITE	DIRECTIVES OF THE CANADIAN AND QUÉBEC GOVERNMENTS
Take the temperature of everyone who enters the residence (employees, authorized visitors, residents)	X	
Implementation of a psychological support program for residents	X	
Employees must change into freshly washed clothing upon their arrival at the residence	X	X
Granting of the \$4 bonus for our caretakers	X	X
Granting of the 8% premium for our nurses	X	X
Granting the 4% bonus for our employees in our complexes	X	X
Implementation a mechanism to ensure delivery of goods to our residents without them being delivered directly to them for complexes located in regional red zones	X	X
Compliance with social distance instructions (2 metres), inside and outside the residence (floor markings inside and outside the residence)	X	X
Mandatory use of a face mask for all employees, in all areas of the residence, including those dedicated to staff	X	X
Installation of a visiting room in certain residences	X	
Residents who leave their rental units must wear a mask or face covering. Masks or face coverings are also required inside rental units during visits from an informal caregiver	X	X
Employees should only work with residents with the same infectious status, i.e. they work with either probable, confirmed or COVID-19 cases under investigation or with negative cases or without a risk factor.	X	X
Wearing of Personal Protective Equipment (PPE) by each employee working on probable or confirmed cases of COVID-19 and confirmed by a CISSS or CIUSSS professional, as agreed	X	X
Compliance with specific cardiopulmonary resuscitation (CPR) guidelines in the context of COVID-19	X	X
 ISOLATION		
Obligatory 14-day isolation for employees that have cough and fever symptoms	X	X
Obligatory 14-day isolation for employees that have travelled	X	X
Voluntary isolation for residents that travelled + accompaniment service for those who do not want to isolate themselves, as required	X	X
Quarantine protocol, when residents or employees are awaiting test results	X	
14-day isolation protocol for residents who return to the residence after more than 24 hours in hospital (and who have received a negative COVID-19 test)	X	X
 DOCUMENTS		
Concentration of entry and exit traffic so that residents, visitors and employees can complete the register	X	
A register must be kept of residents who have traveled, 14-day quarantine, and symptom monitoring, as applicable.	X	
A register must be kept of employees who have traveled, 14-day quarantine, and symptom monitoring, as applicable.	X	
Daily poster listing updates and key information for residents	X	
Specific procedures given to new residents who need to move into the residence or out of it	X	X
Monitoring of the condition of each resident (keeping a record of the information)	X	X
 CAREGIVERS		
Informal caregivers may provide support to residents, under certain conditions. The following criteria are in place:	X	X
<ul style="list-style-type: none"> Making an appointment is strongly recommended (please refer to management of the residence for more information); 	X	X
<ul style="list-style-type: none"> Checklist with the steps to be taken for caregivers (links for training will be provided); 	X	X
<ul style="list-style-type: none"> A consentment form must be completed and signed before entering the residence; 	X	X
<ul style="list-style-type: none"> Taking the temperature at the entrance to the residence; 	X	
<ul style="list-style-type: none"> Establishment of a register of caregivers, including visitation dates; 	X	X
<ul style="list-style-type: none"> Access granted only from the reception of the residence to the resident's apartment; 	X	X
<ul style="list-style-type: none"> They are not permitted to enter the common areas of residences in red and orange zones. They are permitted in common areas in yellow and green zones, conditional upon respect for guidelines related to two meter physical distancing from other residents and the wearing of medical masks at all times; 	X	X
<ul style="list-style-type: none"> Access is denied to caregivers with COVID-19 related symptoms, who have travelled in the past 14 days or who have been in contact with: <ul style="list-style-type: none"> A person who has been declared for COVID-19 and is awaiting results within the last 14 days; A person who has tested positive for COVID-19 in the past 14 days; A person who has travelled in the past 14 days. 	X	X
<ul style="list-style-type: none"> Mandatory use of a mask, as soon as you enter the residence, and use of personal protective equipment (gloves and jackets) according to the condition of the patient; 	X	X
<ul style="list-style-type: none"> Mandatory use of freshly washed clothing (having had no contact with other people prior to arrival at the residence); 	X	X
<ul style="list-style-type: none"> Compliance with measures of social distance (2 metres); 	X	X
<ul style="list-style-type: none"> Prohibition of remaining in the resident's apartment if aerosol-generating medical procedures are performed; 	X	X
<ul style="list-style-type: none"> In red zones, only informal caregivers from neighboring regions at the same alert level are allowed to provide support. One informal caregiver at a time per resident is permitted, for a maximum of one per 24-hour period per resident. The limit is one informal caregiver for intermediate resources; 	X	X
<ul style="list-style-type: none"> Visits are allowed by a caregiver who is known in the milieu, more than once during the same day in orange zones, based on appointments agreed upon with the residence, as appropriate. The limit is one informal caregiver for intermediate resources; 	X	X
<ul style="list-style-type: none"> Visits are allowed by people (informal caregivers or visitors) from the same residence inside the living environment in yellow zones one at a time, based on the room's capacity to maintain two meter physical distancing; 	X	X
<ul style="list-style-type: none"> Visits are allowed for a maximum of 9 people at a time in green zones, inside the living environment, under certain conditions based on the capacity of the room to foster 2 meter physical distancing. 	X	X
 LIFE IN THE RESIDENCE		
Anti-bacterial gel to be used by all residents, authorized visitors and employees at the entrance of the residence as well as in parking areas (at the entrance to the elevators)	X	X
Increased cleaning and disinfection of surfaces that are touched by people	X	X
Sensitization of commercial tenants and construction sub-contractors about hygiene measures that need to be implemented in the complexes	X	
Numerous posters of reminders regarding sanitation and hygiene (residents, authorized visitors, kitchen staff)	X	X
Hand hygiene training for all staff	X	X
Setting up hand hygiene stations at the entrance of the residence and the equipment required to respect hygiene and respiratory etiquette in the cafeteria	X	X
Respect of physical distancing measures, notably the respect of 2 meters between residents, between residents and employees and between employees	X	X
Installation of floor markings and plexiglass in all complexes.	X	X
Deliveries permitted at reception and disinfection/quarantine of the packages in a red zone.	X	
Supervised group activities aimed at preventing mental, cognitive, and physical decline are authorized in the residence for a maximum of 8 people in red zones, 10 people in orange zones, 25 people in yellow zones and green zones, conditional upon respect for infection prevention and control guidelines related to two meter physical distancing from other residents. Supervised group activities aimed at preventing mental, cognitive, and physical decline are authorized outside the residence for a maximum of 8 people in red zones, 12 people in orange zones, 25 people in yellow zones and 50 people in green zones, conditional upon respect for guidelines related to two meter physical distancing from other residents.	X	X
Auditoriums and cinemas in the residence, with seating, are open to a maximum number of 250 people conditional upon respect for guidelines related to two meter physical distancing from other residents and the wearing medical masks at all times, under the supervision of a staff member. A medical mask or face covering may be removed in yellow and green zones once the person is seated, provided the person remains silent. Access to shared common areas is permitted, in accordance with the instructions issued by Public Health Authorities for the general population, in yellow and green zones.	X	X
Use of the swimming pool is permitted under certain conditions by a limited number of residents to facilitate rigorous application of sanitary measures, including physical distancing of two meters at all times, and the wearing of a medical mask or face covering when traveling. Use of the fitness room is permitted under certain conditions by a limited number of residents, based on capacity in order to respect physical distancing of two meters at all times and the rigorous application of measures sanitary facilities including wearing a medical mask or face cover when traveling. Hand hygiene is required at the entrance to the room. If objects are shared, they must be disinfected before and after each use. Access to the changing rooms and showers is permitted under certain conditions. Please refer to staff at your residence.	X	X
Access to the complex's shops permitted (for residents only). In a red zone, respect of sanitary measures and verification of their compliance	X	
Meals in the dining room are authorized in the residences conditional on following strict sanitary measures: <ul style="list-style-type: none"> Wearing a mask (medical or face covering according to the directive in force), maintaining social distancing of 2 meters and avoiding crowds (eg: elevator, in front of the room, etc.). Frequent hand washing. A maximum of four residents per table is permitted in orange zones. A maximum of six residents per table in yellow zones. A maximum of 10 residents per table in green zones. Respect of the meal schedule. «Buffet» style meals are prohibited in the dining room. The "bubble" concept may be applied in care units. 	X	X
 VISITS FROM NON-FAMILY MEMBERS WHO DO NOT FALL UNDER THE DEFINITION OF A CAREGIVER		
Visitors are prohibited from circulating in common areas, in red and orange zones.	X	X
Visits on the residence grounds are allowed, up to a maximum of 3 people in red zones, 5 people in orange and yellow zones and 9 people in green zones.	X	X
Visits by guests allowed in green and yellow zones.	X	X
Visits by volunteers allowed in all zones.	X	X
 EXITING FROM THE RESIDENCE		
At all times, residents who have tested positive, who have symptoms or who are awaiting COVID-19 results are not allowed to exit the residence	X	X
Respect physical distancing measures, notably two meter physical distancing between residents, between staff and residents and between staff members, when possible.	X	X
Compliance with the hand-washing procedure by residents at the exit and entrance of the residence, as well as in parking areas (at the entrance to the elevators)	X	
Establishment of a protocol to coordinate visits of caregivers and/or relatives outside, in order to avoid gatherings	X	X
Outings are permitted in all areas in compliance with the sanitary measures in force.	X	X
A resident can go to a gathering in a private home outside, in accordance with the instructions issued by Public Health for the general population, in the orange zone. A resident can attend a gathering in a private home inside and outside, in accordance with the instructions issued by Public Health for the general population, in yellow and green zones.	X	X
Walks outside and in the residence's halls, as well as essential visits (grocery store, pharmacy, etc.) are permitted, as long as contact with other residents is avoided, social distancing of two meters is maintained and curfews are respected. It is better to prioritize deliveries.	X	X

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